

# Ascertaining an Individual Patient's *Symptom Dominance Hierarchy*: Analysis of Raw Longitudinal Data Induces Simpson's Paradox

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Consider an application with a *single individual* assessed on an attribute on a longitudinal series of measurement (testing) sessions: measurement 1, measurement 2, and so forth, ending at measurement  $N$ . Each measurement records the value of an attribute: the value recorded at the initial measurement is denoted as  $A_I$ , the value recorded at the  $i$ th measurement is denoted as  $A_i$ , and the value of the attribute recorded at the final measurement is denoted as  $A_N$ . Examples of such ordered series include the monthly closing price of a corporate stock, a dieter's weight each Friday morning upon waking, or real-time heart rate of an ICU patient recorded minute-by-minute. The present study examined a single-case series for a patient with fibromyalgia, consisting of 297 sequential daily ratings of nine symptoms commonly associated with the disease. Symptoms were compared statistically by UniODA to identify their dominance hierarchy (most to least severe) for this patient. Analysis of raw data suggested that fatigue was the dominant symptom, but analysis of ipsatively standardized data indicated that finding was paradoxically confounded: the primary symptom, in fact, was stiffness. Of 36 comparisons of symptom pairs performed using raw data, 28 (78%) were found to be confounded, ten of which (28%) identified the opposite effect (what raw data analysis suggested occurred was, in fact, the opposite of what occurred). These findings reveal a crucial difference between the meaning of the numbers and labels constituting the response scale as perceived and interpreted by the *investigator*, and the meaning of the numbers and labels as perceived and applied by the *individual* to quantify internal cognitive and emotional experiences. The latter issue is the *purpose* of the scale (if subject perception and response scale did *not* interact, then valid measurements would be impossible to obtain) and *motivation* underlying the research. Present findings show raw score analysis addresses the investigator's perspective, and ipsative  $z$ -score analysis addresses the patient's.

Recent research investigating single-case serial designs studied the trajectory of such series over sequential measurements. One study found that paradoxical confounding attributable due to global warming reduced the accuracy of weather prediction<sup>1</sup>, and a second study noted significant rises of annual crude mortality rate in toxicity-riddled environments.<sup>2</sup> UniODA-based methods were developed to evaluate both *post hoc* and *a priori* hypotheses within single-case series, and also for identifying the most recent, earliest, and *K*th statistically significant change within an ordered single-case series.<sup>3,4</sup>

This investigation is the first to report an integrated substantive application of UniODA used to compare different attributes in a single-case series. Data are a series of 297 sequential daily ratings of nine symptoms associated with fibromyalgia (FM), that were made by a patient

with FM using an 11-point Likert-type response scale (0=“not at all bothersome”, 10=“extremely bothersome”).<sup>5,6</sup> The objective of the analysis is to identify the *symptom dominance hierarchy*—that is, to order the nine symptoms from least to most severe—for this patient.

The induction of Simpson’s paradox has been characterized for sample-based designs.<sup>7,8</sup> Research demonstrating serial *N*-of-1 UniODA-based analyses was first to report that such confounding also arises in single-case series with attributes having ordered<sup>1,9</sup> or dichotomous<sup>10</sup> response scales. Thus, analysis herein is initially conducted using raw symptom ratings, and then using ipsatively standardized *z*-score ratings.<sup>11</sup>

Distributions and descriptive statistics for the raw rating data for this patient’s series of 297 entries are presented in Table 1 and Table 2, respectively.

Table 1: Raw Score Distributions for Nine Symptoms: *Investigator’s* Perspective

<u>Rating</u>	<u>Pain</u>	<u>Stiffness</u>	<u>Fatigue</u>	<u>Concentration</u>	<u>Memory</u>	<u>Anxiety</u>	<u>Depression</u>	<u>GI</u>	<u>Sleep</u>
0						74	97	233	1
1		1		2		173	85	44	4
2	26	11		18		32	43	8	12
3	48	25	5	24	23	11	37	3	61
4	74	56	25	36	48	6	22	5	85
5	65	66	50	69	69	1	8	1	54
6	49	71	85	69	80		2	2	40
7	27	42	60	50	51		2	1	22
8	7	18	49	22	22		1		18
9	1	7	23	7	4				
10									

Note: Tabled are frequencies. GI=gastrointestinal.

Eyeball examination of Table 1 suggests the patient rated different symptoms using different ranges on the response scale. The anxiety, depression, and gastrointestinal rating distributions are positively skewed (Table 2) and remi-

niscient of a Poisson distribution. Symptoms with relatively many higher ratings (indicative of increasingly severe symptoms) include stiffness, fatigue, and memory issues, and sleep and concentration issues to a lesser extent.

Table 2: Raw Score Descriptive Statistics for Nine Symptoms: *Investigator's* Perspective

<u>Symptom</u>	<u>Mean</u>	<u>SD</u>	<u>Median</u>	<u>Skewness</u>	<u>Kurtosis</u>	<u>CV</u>	<u>SEM</u>
Pain	4.60	1.52	5	0.20	-0.53	33	0.088
Stiffness	5.32	1.60	5	-0.01	-0.30	30	0.093
Fatigue	6.38	1.44	6	-0.03	-0.59	23	0.084
Concentration	5.39	1.70	5	-0.25	-0.33	32	0.099
Memory	5.57	1.41	6	0.05	-0.56	25	0.082
Anxiety	1.01	0.86	1	1.42	3.32	86	0.050
Depression	1.49	1.55	1	1.17	1.26	104	0.090
Gastrointestinal	0.39	1.03	0	4.34	24.1	267	0.060
Sleep	5.57	1.62	5	0.28	-0.03	29	0.094

Note:  $n=297$ . SD=standard deviation; CV=coefficient of variation; SEM=standard error of the mean.

The results of all possible comparisons<sup>9</sup> conducted between pairs of attributes using Uni-ODA<sup>12</sup> are summarized in Table 3: 100,000 Monte Carlo experiments were used to estimate Type I error ( $p$ ) in each analysis, and a sequentially-rejective Sidak Bonferroni criterion was used to ensure experimentwise  $p<0.05$ .<sup>4,12,13</sup>

As seen, 30 of 36 pairwise comparisons met the criterion for experimentwise  $p<0.05$ : 16.7 times more than are expected by chance. Of these 30 statistically significant effects, 19 (63%) were strong/very strong: strongest effects were obtained for comparisons with anxiety, depression, and GI issues.

A symptom dominance hierarchy (SDH) is constructed by mapping all 36 of the pairwise comparisons.<sup>12</sup> Since the SDH is a line the mapping is like solving a 36-piece puzzle with two "ends" rather than four "corners." It is a sound strategy when solving this linear puzzle to look in the pairwise comparison table (Table 3) for attributes associated with the strongest effects (greatest pairwise differences) all in the same direction (the attribute is always on one side of the inequality). In Table 3 Fatigue ratings are significantly greater than all other symptoms so Fatigue forms the high (most severe) end of the SDH (solution of this puzzle is simplified by marking-out all "explained" entries of the pair-

wise comparisons table using a printed copy). At this point the SDH is mapped as shown.

LOW -----|-- HIGH  
Fa

In the pairwise comparisons table with fatigue-related entries eliminated, GI ratings are significantly lower than the other ratings, so GI forms the low (least severe) end of the SDH, now mapped as shown.

LOW --|-----|-- HIGH  
GI Fa

In the pairwise comparisons table with fatigue- and GI-related entries eliminated, the anxiety ratings are significantly lower than other ratings: the SDH is now mapped as shown.

LOW --|----|-----|-- HIGH  
GI An Fa

Depression is next to follow this pattern: the SDH is now mapped as shown.

LOW --|----|----|-----|-- HIGH  
GI An De Fa

Table 3: Raw Score Summary of UniODA Comparisons of All Pairs of Patient Symptoms: *Investigator's* Perspective

	<u>Stiffness</u>	<u>Fatigue</u>	<u>Concentration</u>	<u>Memory</u>	<u>Anxiety</u>	<u>Depression</u>	<u>Gastrointestinal</u>	<u>Sleep</u>
<u>Pain</u>	St > Pa 18.5, 19.2	Fa > Pa 44.8, 44.8	Co > Pa 22.9, 24.2	Me > Pa 25.9, 27.8	Pa > An 85.2, 85.2	Pa > De 67.0, 68.6	Pa > Ga 93.3, 93.7	Sl > Pa 23.6, 25.0
<u>Stiffness</u>		Fa > St 26.6, 27.6	St = Co 4.4, 5.3	St = Me 7.4, 9.3	St > An 89.9, 89.9	St > De 75.8, 75.8	St > Ga 92.9, 93.3	St = Sl 6.7, 20.4
<u>Fatigue</u>			Fa > Co 23.2, 24.5	Fa > Me 20.2, 21.7	Fa > An 96.0, 96.0	Fa > De 86.5, 87.4	Fa > Ga 96.0, 96.1	Fa > Sl 28.0, 28.9
<u>Concentration</u>				Co = Me 7.1, 17.7	Co > An 87.2, 87.2	Co > De 73.4, 73.5	Co > Ga 92.6, 92.9	Co = Sl 9.1, 24.7
<u>Memory</u>					Me > An 93.9, 94.3	Me > De 80.5, 80.6	Me > Ga 96.0, 96.1	Me = Sl 7.7, 7.8
<u>Anxiety</u>						De > An 21.9, 27.3	An > Ga 53.5, 53.6	Sl > An 92.3, 92.4
<u>Depression</u>							De > Ga 45.8, 46.4	Sl > De 82.5, 82.8
<u>Gastrointestinal</u>								Sl > Ga 94.3, 94.3

Note: All effects for which an *inequality* is provided have  $p < 0.05$  at the experimentwise criterion; effects indicated with an *equality* (=) are *not* statistically significant. ESS and ESP values (the left and right entries in second row of every table cell, respectively) shaded in grey indicate weak effects; green indicates moderate effects; red indicates strong effects; and blue indicates very strong effects.<sup>12</sup>

Pain is next to follow this pattern: the SDH is now mapped as shown.

LOW --|----|----|-----|-- HIGH  
GI An De Pa Fa

Remaining symptom ratings represented in unexplained cells of the pairwise comparisons table are significantly greater than pain ratings, but comparisons between ratings of remaining symptoms are not statistically significant. The final SDH according to analysis of the raw score data is mapped as illustrated in Figure 1.

Figure 1: Symptom Dominance Hierarchy for Patient: Raw Score Analysis

LEAST SEVERE      GI      An      De      Pa      {St, Co, Me, Sl}      Fa      MOST SEVERE

From the investigator's perspective an identical rating on the response scale indicates the same level of severity for the patient (and for all patients in sample-based studies), for all rated symptoms. For example, a rating of 4 is taken to indicate the same level of severity if the patient rates stiffness as if the patient rates every other symptom. Seen in this manner fatigue is the patient's dominant, most severe symptom. Significantly less severe than fatigue ratings are a statistically indistinguishable cluster of four symptoms: stiffness, concentration, memory, and sleep issues. Severity ratings for this cluster are significantly greater than pain ratings, which are greater than depression ratings, which are significantly greater than anxiety ratings. GI ratings were least severe.

*Ipsative z-scores.* The computational formula for a standardized z-score is: (patient's score–mean score)/standard deviation (SD). For

a *normative* z-score,  $z_N$ , mean and SD are based on a sample of observations: conceptually  $z_N$  measures the magnitude of an observation's score relative to the population of scores *for all observations*. In contrast, for an *ipsative* z-score,  $z_I$ , mean and SD are based only on the data from the observation: conceptually  $z_I$  measures the magnitude of any observation's score relative to all scores in the population of scores *for the observation*.<sup>8</sup> Using  $z_I$  expresses data on a scale enabling direct comparison of different single-case series, and eliminates inter-series variability attributable to base-rate differences in mean and variance (essentially noise) when series are combined for use in sample-based studies.<sup>8</sup>

Distributions and descriptive statistics for  $z_I$  rating data for this patient's series of 297 entries are presented in Table 4 (grey shading is used for z-scores lower than the mean) and Table 5, respectively.

Table 4: Ipsative z-Score Distributions for Nine Symptoms: *Patient's* Perspective

Rating	Percentile	Pain	Stiffness	Fatigue	Concentration	Memory	Anxiety	Depression	GI	Sleep
-3.449	99.97									1
-2.704	99.66		1							
-2.579	99.51				2					
-2.341	99.04			5						
-2.211	98.65									4
-2.078	98.12		11							
-1.992	97.68				18					
-1.824	96.59					23				
-1.703	95.57	26								
-1.648	95.03			25						
-1.592	94.43									12

-1.451	92.66	25			
-1.405	92.00		24		
-1.168	87.86			74	
-1.115	86.76			48	
-1.047	85.24	48			
-0.973	83.47				61
-0.964	83.25			97	
-0.955	83.02		50		
-0.825	79.53	56			
-0.818	79.33		36		
-0.406	65.76			69	
-0.391	65.21	74			
-0.374	64.58				233
-0.354	64.95				85
-0.319	62.51			85	
-0.261	60.30		85		
-0.231	59.13		69		
-0.198	57.85	66			
-0.008	50.32			173	
0.265	39.55	65			54
0.303	38.09			80	
0.326	37.22				43
0.356	36.09		69		
0.428	33.43	71			
0.432	33.29		60		
0.593	27.66				44
0.884	18.84				40
0.922	17.83	49			
0.943	17.28		50		
0.970	16.60			37	
1.012	15.58			51	
1.055	14.57	42			
1.125	13.03		49		
1.152	12.47			32	
1.503	6.64				22
1.530	6.30		22		
1.560	5.94				8
1.577	5.74	27			
1.615	5.32			22	
1.681	4.64	18			
1.721	4.26		22		
1.816	3.47		23		
2.117	1.71		7		
2.121	1.70				18
2.234	1.27	7			
2.260	1.19			8	
2.308	1.05	7			
2.312	1.04			11	
2.430	0.75		4		
2.527	0.58				3
2.890	0.19	1			
2.904	0.18			2	
3.472	0.03			6	
3.494	0.02				5
3.549	0.02			2	
4.194	<0.01			1	
4.461	<0.01				1
4.632	<0.01			1	
5.428	<0.01				2
8.330	<0.01				1

Note: Rating is ipsative z-score. Percentile is the 1-sided percent of normally-distributed z-scores that exceed the tabled value: that is, the percent of ratings (days) which would be associated with a worse symptom rating.

Table 5: Ipsative  $z$ -Score Descriptive Statistics for Nine Symptoms: *Patient's* Perspective

<u>Symptom</u>	<u>Median</u>	<u>Skewness</u>	<u>Kurtosis</u>
Pain	0.265	0.20	-0.53
Stiffness	-0.198	-0.01	-0.30
Fatigue	-0.261	-0.03	-0.59
Concentration	-0.231	-0.25	-0.33
Memory	0.303	0.05	-0.56
Anxiety	-0.008	1.42	3.32
Depression	-0.319	1.17	1.26
Gastrointestinal	-0.374	4.34	24.1
Sleep	-0.354	0.28	-0.03

Note: Mean=CV=0, SD=1, and SEM=0.058, for all symptoms.

Comparison of Tables 1 and 4 reveals that the patient does *not* use the numbers and labels on the response scale in the same manner across scales, as is assumed in the investigator's perspective.

Instead, the way the patient uses the numbers and labels on the response scale to report the personal experience of each symptom differs as a function of the mean and variability of each symptom. That is, the nature of the experience being rated interacts with the patient's interpretation of the numbers and labels of the scale—and as a result the identical numbers and labels indicate different levels of symptom severity, depending on the symptom being rated.

Data were not normally distributed (raw and  $z_I$  data produced identical results): for all nine symptoms,  $p < 0.01$  for Shapiro-Wilk, Kolmogorov-Smirnov, Cramer-von Mises, and Anderson-Darling tests for normality. Therefore the percentile of the standard normal distribution having worse (greater) severity ratings, provided in Table 3 for every  $z_I$  rating, is a poor interpretative heuristic. It should be noted that this is generally true in most applied research yet is largely ignored—data are interpreted as though they are normally distributed.

When viewed in terms of *relative negative severity*, the very best (least severe) of all symptoms the patient reported in the series was

one single rating of sleep issues, with  $z_I = -3.449$  (Table 4). In normally distributed data, a  $z$ -score as extremely negative as this is better than for 99.97% of the population of ratings on this symptom *for the patient*. The next least severe ipsative symptom ratings occurred for stiffness and concentration.

In contrast, when viewed in terms of *relative positive severity*, and in terms of *absolute overall severity*, the worst (most severe) symptom the patient reported in the series was one single rating of GI issues, with  $z_I = 8.330$ : in normally distributed data, for a  $z$ -score as extremely positive as this only  $4.4 \times 10^{-14}\%$  of all possible days are worse on this symptom *for the patient*. In addition to eight other extreme positive ipsative GI ratings, the next-most-severe (worst) ipsative ratings occurred for anxiety and depression.

Note that while mean (0) and SD (1) of ipsatively standardized data are equivalent over attributes other patient response distribution moments clearly differ over scales (Table 5).

As was reported for analysis of raw data, results of all possible comparisons conducted on pairs of ipsatively standardized attributes using UniODA are summarized in Table 6 (100,000 Monte Carlo experiments were used to estimate  $p$  in each analysis, using a sequentially-rejective Sidak Bonferroni procedure to ensure that the experimentwise  $p < 0.05$ ).

As seen all 36 pairwise comparisons met the criterion for experimentwise  $p < 0.05$ : twenty times more than expected by chance. Strongest effects were obtained for comparisons with GI issues, and to a lesser extent, for ratings of sleep and depression issues. Table 7 cross-tabulates the *qualitative* ESS and ESP levels obtained by UniODA models using raw and  $z$ -score data. Although the qualitative categories are ordered from weakest to strongest effect they are treated as being categorical because they are discussed and conceptualized categorically, not linearly, in the present context.<sup>14</sup>

Table 6:  $z$ -Score Summary of UniODA Comparisons of All Pairs of Patient Symptoms: *Patient's* Perspective

	<u>Stiffness</u>	<u>Fatigue</u>	<u>Concentration</u>	<u>Memory</u>	<u>Anxiety</u>	<u>Depression</u>	<u>Gastrointestinal</u>	<u>Sleep</u>
<u>Pain</u>	St > Pa* 18.5, 19.2	Fa > Pa 22.9, 24.2	Co > Pa* 22.9, 24.2	Me > Pa 24.6, 25.5	Pa > An 33.3, 37.4	De > Pa 100, 57.1	Ga > Pa 49.8, 66.6	Sl > Pa* 23.6, 25.0
<u>Stiffness</u>		St > Fa 24.2, 24.7	St > Co 19.9, 21.4	St > Me 20.5, 22.2	St > An 29.6, 34.2	St > De 30.0, 30.1	St > Ga 47.1, 47.6	St > Sl 23.6, 24.0
<u>Fatigue</u>			Co > Fa 28.6, 29.5	Fa > Me* 20.2, 21.7	An > Fa 30.6, 31.8	Fa > De 34.3, 34.3	Fa > Ga 51.5, 51.7	Fa > Sl* 28.0, 28.9
<u>Concentration</u>				Co > Me 23.9, 25.4	Co > An 33.3, 37.1	Co > De 34.3, 34.8	Co > Ga 51.5, 51.7	Co > Sl 28.0, 28.9
<u>Memory</u>					Me > An 36.0, 39.7	De > Me 23.9, 56.8	Ga > Me 47.1, 65.4	Me > Sl 25.9, 27.0
<u>Anxiety</u>						An > De 36.4, 37.1	An > Ga 53.5, 53.6	An > Sl 30.0, 31.2
<u>Depression</u>							De > Ga* 45.8, 46.4	De > Sl 26.3, 57.6
<u>Gastrointestinal</u>								Sl > Ga 52.2, 52.3

Note: All  $p < 0.05$  at the experimentwise criterion. An asterisk (\*) marking an inequality indicates that the direction of the effect, and the ESS and ESP that were obtained using raw and ipsatively standardized data were identical. An inequality indicated in color is an example of paradoxical confounding: **red** indicates that the opposite effect was obtained for raw data; **green** shows an effect found presently for which no statistically significant model was obtained using raw data; and **blue** shows an effect for which strength was overestimated in raw score analysis (more than one type of paradox was noted for some effects, but only the most significant type of paradox—such as finding the opposite effect—is recorded. ESS and ESP values (the left and right entries in second row of every table cell, respectively) shaded in **grey** are weak effects; **green** indicates moderate effects; **red** indicates strong effects; and **blue** shows very strong effects.<sup>12</sup>



Table 7: Comparing ESS and ESP Values of UniODA Models Developed Using Raw and Ipsatively Standardized Data

	ESS		ESP	
	Raw	z-Score	Raw	z-Score
No Effect	6	0	6	0
Weak	6	12	5	9
Moderate	5	19	6	18
Strong	3	4	3	9
Very Strong	16	1	16	0

These data were analyzed using the UniODA Generalizability (Gen) procedure, which identifies the single UniODA model that—when simultaneously applied to multiple samples (or as used presently multiple aspects or dimensions of the findings)—maximizes the *minimum ESS* achieved by the model across classes.<sup>12,15</sup> The resulting Gen UniODA model was: if effect=none or very strong then predict raw data were analyzed; otherwise if effect=weak, moderate or strong then predict z-score data were analyzed. The model was statistically significant: by using 100,000 Monte Carlo experiments confidence for experimentwise  $p < 0.05$  is almost perfect. The model performed strongly in discriminating raw scores and z-scores on the basis of the effect strength noted in pairwise comparisons (ESS=58.3, ESP=67.1)—Table 8 presents a confusion table for the Gen solution. The model was stable in leave-one-out (jackknife) validity analysis, suggesting it may cross-generalize.<sup>12</sup> For ESS the model achieved 61.1 for raw data and 59.7 for z-score data: for ESP these values were 72.0 and 69.5. The findings indicate that compared to models based on z-scores, the UniODA models based on raw scores were likely to *miss effects* identified using z-scores, and to identify more very strong effects using raw scores. Note that chi-square analysis can't be performed on data

in Table 7 considered as a whole or considering ESS and ESP individually, because the expected value is less than five in four cells for ESS, and in two cells for ESP.<sup>16</sup>

Table 8: Confusion Table for Gen UniODA Model Discriminating ESS and ESP Based on Type of Data Analyzed

		Predicted Data Type		
		Raw	z-Score	
Actual Data Type	Raw	44	28	61.1%
	z-Score	1	71	98.6%
		97.8%	71.7%	

More important than the pattern of *qualitative effect strengths* of UniODA models identified using raw or z-scores is the *qualitative nature of the effects* identified. Comparison of Tables 3 and 6 reveals that of 36 comparisons of symptom pairs performed using raw data, 28 (78%) were confounded by three different types of paradox when considered from the perspective of ipsative data.<sup>7</sup> As indicated in Table 6, ten (28%) raw-score models identified the opposite effect (what raw data analysis suggested occurred was the opposite of what occurred for ipsative analysis); six (17%) missed statistically significant effects identified using z-scores; and twelve (33%) effects identified for raw scores over-estimated parallel effects found using z-scores (one moderate effect found for raw data was a weak effect for z-scores; one strong effect for raw scores was a moderate effect using z-scores; three very strong effects for raw scores were strong effects for z-scores; and seven very strong effects identified using raw scores were moderate effects for z-scores). Six raw and z-score-based models were identical.

Most important is symptom dominance structure underlying pairwise differences found for ipsative data, which is much more complex than structure observed for raw scores. Analysis



For the third structure, the first An finding is mapped  $An > De$  and the second is added:  $An > (De, Ga)$ . The third is added next:  $An > (De, Ga, Sl)$ . In the ninth row of the pairwise comparison table, the inequality involving De and Sl is added to this structure:  $An > (Ga, (De > Sl))$ . The last unexplained inequality in the bottom corner of the pairwise confusion table is integrated:  $An > ((Ga, De) > Sl)$ . The relationship between Ga and De is still unresolved, and no unexplained inequalities exist. However, the

high-end of the second symptom dominance hierarchy is  $De > Ga$ , which resolves the third structure:  $An > De > Ga > Sl$ .

Together the three models, summarized in Table 9, explain the set of 36 inequalities in the pairwise comparisons table. Note the  $De > Ga$  comparison that was initially credited to the second model was credited to the third model as it was used in the final step: as seen, the second and third models reflect translocation of the  $De > Ga$  inequality.

Table 9: Three Symptom Dominance Hierarchies Identified Using Ipsative z-Scores

Model	Structure of Dominance Hierarchy	Pairwise Comparisons Explained (%)	
		Model	Cumulative
1	Stiffness > Concentration > Anxiety > Fatigue	21 (58%)	21 (58%)
2	GI > Memory > Sleep > Pain > Anxiety	9 (25%)	30 (83%)
3	Anxiety > Depression > GI > Sleep	6 (16%)	36 (100%)

Clearly, by the ipsative perspective, not all of the ratings made by the patient on nine symptom scales over 297 sequential days can be explained by a single symptom dominance hierarchy (SDH). By the ipsative perspective three SDHs are needed.

All three structures identified by z-scores are reminiscent of phase-shift models produced in Markov models.<sup>12</sup> For example it is plausible that moving from most to least severe in the first model, increased stiffness is followed by greater concentration issues next, which in-turn increase anxiety resulting in greater fatigue. Models may also run in the opposite direction, from least to worst, in the actual series: for example from the third model, increased sleep issues phase into increased GI issues, followed in-turn by phase

shift into increased depression, and culminating in significantly greater anxiety.

UniODA model cutpoints for raw and z-score data are given in Table 10 for all pairwise comparisons. This information and the pairwise (in)equalities in Tables 3 and 6 are sufficient to deduce all UniODA models. For example for ipsative comparison of Pa and St the cutpoint is -0.29, and direction of effect is  $St > Pa$ . Thus the UniODA model is: if  $z\text{-score} \leq -0.29$  then predict rating=Pa, otherwise predict rating=St.

Finally, Table 11 lists different ipsative z-score cutpoints used in UniODA models, for every raw-score cutpoint used. The precision and sensitivity of the ipsative data cannot be matched by raw scores.

Table 10: Cutpoints for UniODA Models Based on Raw (Above Diagonal) and  $z$ -Score (Below Diagonal) Data

	Pain	Stiffness	Fatigue	Concentration	Memory	Anxiety	Depression	GI	Sleep
Pain		4	5	4	4	2	2	1	4
Stiffness	-0.29		5	4	4	2	3	1	3
Fatigue	-0.33	-0.23		5	5	3	3	2	5
Concentration	-0.31	0.39	-0.25		3	2	3	1	3
Memory	0.28	0.37	-0.33	0.33		2	3	2	5
Anxiety	0.13	0.21	-0.13	0.17	0.15		1	0	2
Depression	-1.01	-0.26	-0.29	-0.28	-1.04	-0.16		0	3
GI	-0.38	-0.29	-0.32	-0.30	-0.39	-0.19	-0.35		2
Sleep	-0.37	-0.28	-0.31	-0.29	0.28	-0.18	-0.97	-0.36	

Note: GI=gastrointestinal. Cutpoints for UniODA models based on *raw* data are indicated in black *above* the diagonal; cutpoints for UniODA models based on *ipsatively standardized* data are indicated in red *beneath* the diagonal.

Table 11: Comparing UniODA Model Cutpoints for Raw and Ipsatively Standardized Data

Raw Data Cutpoints	Ipsative $z$ -Score Cutpoints
0	-0.19, -0.35
1	-0.16, -0.29, -0.30, -0.38
2	0.21, 0.17, 0.15, 0.13, -0.18, -0.29, -0.36, -0.39, -1.01
3	0.33, -0.13, -0.28, -0.29, -0.97, -1.04
4	0.39, 0.28, -0.23, -0.29, -0.31, -0.37
5	-0.23, -0.25, -0.29, -0.31, -0.33

The next analysis required to understand symptom dominance hierarchy structures that underlie ratings made by this patient involves an analysis of temporal expression of symptoms over time. Two methods for accomplishing this using UniODA have been developed, including the serial  $N$ -of-1 methods reviewed earlier, and the Markov phase-shift approach discussed here.

Beyond the domain of this paper, these analyses will be undertaken in subsequent research.

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